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Interview

The revolution that Jesus calls us to in the Gospel

Interview with Margaret Karram – current President of the Focolare Movement at the March Link-up

Question: In this link-up we have spoken very much about peace, and you are a privileged witness because you have experienced personally the pain caused by conflict. Sometimes we are afraid, but where do we find reason to hope?

Margaret: That is a good question. How much good there is in the world! How much courage there is in the world, when there are people who risk their lives to do good, and not to wage war. And how many dreams there are!



These days we all feel **crushed by the pain** of all that we are seeing and hearing on television, of all the places we have seen where people are suffering from wars and conflicts.

I can truly say, because I have experienced it firsthand, that conflict and war do not solve anything. You can live in a country for many years and not know peace. But what I discovered when I got to know... even before I got to know the Movement, I thought: I want to live for justice and I want to fight for justice, because it was the only thing I could see as a way out of [the situation] to be able to live according to human rights, to be able to really live in freedom, even as children of God.

But I did not see how this could happen, I also thought there could be a bloody revolution, to be able to fight. Then I got to know the Focolare Movement and what I discovered was that yes, a revolution can give us justice, but it was this gospel revolution that perhaps seems a bit like living [on a cloud] thinking about dreams or believing in divine things. But **the revolution that Jesus calls us to in the Gospel** is also a social revolution, which changes your heart, which changes your mentality.

So, I threw myself into it, along with many other young people, to live like this. It is true that perhaps we have not seen many changes yet, but I can assure you that **what builds peace in our hearts is to see that you can change your mentality, by living, by loving**, as Chiara was saying in this Link-Up, by loving even our enemies, by loving all our neighbours.

But it is by precisely doing these actions, concrete actions, because that is the only thing that can build a relationship, that is the only thing that can build a lasting peace, that perhaps cannot be seen yet, but is still under the ground.

And I think that all of us, including the young people here - it is wonderful to see you here in this room - must believe in this, because it is what we want to build. **And do not be afraid to take risks**, I think we must not be afraid to take risks.

Then, listening to all these testimonies, I was really struck by something Chiara said, which made a strong impression on me. She says that it is enough to do 1% and God does the rest, the 99%.

However, I examined my conscience: perhaps I often want to do 99% and leave God to only the 1%! This link-up has given me the impetus to say: No! I want to let God do the 99% and to believe that He is the source of peace, the source of the courage that He gives us, and I can do my 1%. I can do 1% by giving a little of what I can, and I can **let God act in history**, in the history of our lives and in the history of humanity.

So recently, hearing so much news and living for peace, praying for peace, even yesterday, the Pope entrusted the whole world to the Immaculate Heart of Mary, and told us that we must be builders of fellowship and he said that peace comes about through fellowship, through dialogue, not by running away from people, but through dialogue. Recently I was so happy thinking of one of the songs of Gen Rosso (the Focolare band).

I would really like it if, together with all the young people here and everyone listening, we could truly say with our lives, today and in future: **"I believe, I believe in this humanity that breaks down borders, that does not count the cost, that will not use weapons but knows how to use its heart, this is the humanity that believes in love"**.



"If you want real peace in the world, start with children."

"An eye for an eye only ends up making the whole world blind."

"You must not lose faith in humanity. Humanity is an ocean; if a few drops of the ocean are dirty, the ocean does not become dirty."

"Where there is love there is life."

"There is no path to peace; peace is the path."

"If we wish to create a lasting peace we must begin with the children."

Mahatma Gandhi

Message of Pope Francis

On the 30th World Day of the Sick

11 February 2022



I address my greeting to all of you who are participating in this Webinar: “World Day of the Sick: Meaning, Goals and Challenges,” organized by the Dicastery for Promoting Integral Human Development, on the occasion of the 30th World Day of the Sick. And my thoughts turn with gratitude to all those who, in the Church and society, lovingly stay beside those who suffer.

The experience of sickness makes us feel fragile, and it makes us feel in need of others. Not alone, not alone. “Sickness raises the question of life’s meaning, which we bring before God in faith. In seeking a new and deeper direction in our lives, we may not find an immediate answer.” [\[1\]](#)

Saint John Paul II indicated, beginning with his own personal experience, the path of this quest. It is not a matter of turning in on oneself, but on the contrary, of opening up to a greater love: “If one becomes a sharer in the sufferings of Christ, this happens because Christ *has opened his suffering to man*, because he himself in his redemptive suffering has become, in a certain sense, a sharer in all human sufferings. Man, discovering through faith the redemptive suffering of Christ, also discovers in it his own sufferings; he *rediscovers them, through faith*, enriched with a new content and a new meaning” (Apostolic Letter *Salvifici doloris*, 11 February 1984, 20).

One must never “forget the uniqueness of each patient, his or her dignity and frailties.” [\[2\]](#) It is the person in his or her entirety who needs care: body, mind, affections, freedom and will, spiritual life... Care cannot be divided, because the human being cannot be divided. We could – paradoxically – save the body and lose humanity. The saints who cared for the sick always followed the Master’s teaching: heal the wounds of body and soul; pray and act for physical and spiritual healing together.

This time of the pandemic is teaching us to view illness as a global and not a merely individual phenomenon, and it invites us to reflect on other types of “pathologies” that threaten humanity and the world. Individualism and indifference to others are forms of selfishness that unfortunately end up being amplified in the society of consumerist wellbeing and economic liberalism; and the consequent inequalities are found even in the field of healthcare, where some enjoy so-called “excellence,” and many others struggle to access basic healthcare. To cure this “social” virus, the antidote is the culture of fraternity, based on the awareness that we are all equal as human persons, all equal as children of one God (cf. *Fratelli Tutti*, 272). On this basis, it will be possible to have effective treatments for everyone. But if we are not convinced that we are all equal, this will not work.



Always keeping the parable of the good Samaritan in mind (cf. *ibid.*, Chapter II), let us remember that we must be neither accomplices of the bandits who rob a man and abandon him wounded in the street, nor of the two religious officials who see him and walk on by (cf. *Lk* 10, 30-32). The Church, following Jesus, the Good Samaritan of humanity, has always done her utmost for those who suffer, dedicating great resources, both personal and

economic, to the sick. I am thinking of the dispensaries and health care structures in developing countries; I am thinking of the many missionary sisters and brothers who have spent their lives caring for the poorest of the sick, sometimes even sick among the sick. And I think of the many holy men and women throughout the world who have established health care initiatives involving their companions and giving rise to religious congregations. This vocation and mission for integral human care must also renew charisms in the health care field today, so that there is no lack of closeness to the suffering.

I turn a grateful thought to all those who in their life and work are close to the sick every day. To the relatives and friends who assist their loved ones with affection and share in their joys and hopes, sufferings and anguish. To the doctors, nurses, pharmacists and all healthcare workers; as well as to hospital chaplains, the men and women religious of Institutes devoted to the care of the sick, and the many volunteers; there are many volunteers. I assure all these people of my remembrance in prayer, so that the Lord may grant them the capacity to listen to the sick, to be patient with them, to take care of them integrally, in body, spirit and relationships.

And I pray in a special way for all the sick, in every corner of the world, especially for those who are most alone and have no access to healthcare services. Dear brothers and sisters, I entrust you to the maternal protection of Mary, Health of the sick. And to you, and to those who take care of you, I send my heartfelt Blessing.

[1] [Message for the 29th World Day of the Sick](#) (20 December 2020), 2.

[2] [Message for the 30th World Day of the Sick](#) (10 December 2021), 3.

COVID-19 emergency

A communion of goods that bears witness to fraternity

The coronavirus and ecological crisis challenge us as people to review our lifestyles and increase the witness we give to fraternity.

For more information on how to donate for COVID-19 emergency follow the link below:

<https://www.focolare.org/en/covid/>

Spiritual Reflection

Transform suffering into love

Chiara Lubich was founder and first president of the Focolare Movement. Unity, fraternity, openness towards others, solidarity, and care for creation are prominent values in Chiara Lubich's thought, and in the firming of her spirituality inspired by the Gospel.



'When I am lifted up from the earth, I will draw all people to myself.' (Jn 12:32)

Day after day, when we experience small or great sufferings - a doubt, a failure, a misunderstanding, a tense relationship, a difficulty at work, an illness, even a misfortune or serious concern – **let's make the effort to accept these sufferings and offer them to Jesus as an expression of our love [...].**

Once we have made this offering, let's try not to think about it anymore, but do what God wants of us, wherever we happen to be: in the family, in the factory, in the office, at school... Let's go out of our way to love others, each and every person around us.

If we do this, we will experience a rare and unexpected effect: **our souls will be permeated with peace, love, pure joy and light.**

We will find new inner strength. This experience will show us that, by embracing the crosses of everyday life, uniting them to Jesus crucified and forsaken, we can already participate, here on earth, in the life of the risen Lord.

Enriched by this experience, **we will then be better able to help all our neighbours to find true happiness, even amidst their tears, and to transform whatever is troubling them into serenity.**

We will become **instruments of joy and happiness for many** - the happiness that every human heart longs for.

Chiara Lubich, Word of Life - January 1984

Shared Experiences

“Pilgrimage” to Canada

Minnie from Melbourne, Australia

I have recently returned from a trip to visit sick family members in Canada. It was really a “Pilgrimage”, stopping, and then going out to that “*Cry of Humanity*”, which I could say was all around me.



One of my sisters is very ill, looking at her each day, it seemed to me in her I could only see the face of Jesus crucified and forsaken. I would have loved so much to take away her pain and make it mine. My biggest suffering was to watch her suffer. It made me think of the agony that Mary must have felt at the foot of the cross when she could not do anything to take away her son’s pain, but just watch. That scene has gone so deeply into my soul. It helped me make a deeper and

purser choice to recognize and love Jesus crucified and forsaken in all the sufferings in me and around me.

Living with my sister those days also gave me a purer desire to love, to imitate Mary. Yes, Mary agonized, but then she went out only to love. From what I lived there I came to understand such an abyss of love. This experience prepared me for my next step in my “pilgrimage” in Vancouver.

One of my nephews had been extremely ill all his life and with everything that was happening in the world, it became too much for him, and one day he jumped from the main bridge in Vancouver. I felt very strongly that I had to make a Pilgrimage to that bridge to pray in what I see a sacred spot. I walked along the sea wall, until I was right under the spot where he jumped. Honestly it was such a strong moment, that the tears flowed and I let them flow With each drop I thought of all the suffering that so many are going through in this world right now.

I prayed for my nephew Martin, and there at that spot, another image of Mary came to me. The image I had of my nephew’s last moments on this earth changed from one of despair, to feeling the immense love of Mary. She was that mother who I had experienced the day before in an abyss of love, and I sensed that she had gathered my nephew in her arms and took him to his eternal rest. Upon hearing what I did, Martin’s parents (my brother and sister-in-law) and others of the family also wanted to go to that “sacred spot”, which they had not been to yet. We did a second Pilgrimage, twelve of us, including the Policeman who found Martin’s body. This policeman admitted that he had never witnessed such faith from a group of people who had suffered such a tragedy.



But God was asking me for another step while in Canada, and that was with another sister and her husband. A week after I arrived in Canada, he was diagnosed with lung cancer, Stage 4. He had worked for years as an electrician with asbestos – the cancer was directly from asbestos!! This sister left the Church years ago and is quite against the Church. So, she asked all the family not to mention God, prayers, etc.

My sister asked me at one point to fly up north in the Rocky Mountains to be with her during this difficult time. After one day I was there, my brother-in-law left the hospital as he “went home to die”, only three weeks after his diagnosis. Witnessing him who had been like a very “big cowboy” now being reduced to being so frail, I could not help but think of that very frail body of Jesus hanging on the cross. It was another very sacred moment living there with this sister and accompanying my brother-in-law. He had never known God, but during his last days on this earth, while I could not speak of God or prayers to them or his larger family, the love we lived, and the suffering we embraced spoke to me ONLY of God, only of Jesus Forsaken. He died on 14th February 2022.

When saying goodbye to my sister she said: “I never understood what you did with your life, but in the two weeks you spent here I am starting to understand what the Focolare is.”

Understanding our limitations and using our talents

Michael from Perth, Australia

I was born with a developmental delay. I first sat at 2 years of age and started to walk at 3. I had a speech problem and physically I was very weak. I could not run very fast. I was rejected by my friends in sports. Once I saw the events in the Olympics, I cried bitterly and asked heaven why? It was so unfair to me, as I would never have any chance to attend any similar events.

My father brought me up with a strong influence of a medical environment, as my family had a chemist shop selling Chinese herbs and Western medicine. I always dreamed of becoming a medical doctor. When I was in Year 10, my father wanted me to take over his business, but I would have liked to continue studying. Finally, my younger brother stopped going to school and worked in the chemist shop. This allowed me to continue studying. In the meantime, after him having worked every day from 8.00 in the morning to 10.00 at night, seven days a week for a few years, my brother started became very depressed, as he could not see a future in his life.

I studied very hard in the hope of entering the School of Medicine in Hong Kong. However, I did not do well in the exams even though I attempted twice, and I still could not succeed.



Finally, I studied Physiotherapy, but I was not happy there. After graduation, due to my poor exam result, I could not get work in the top hospitals and I was posted to work in a school for children with disabilities. At that time a job working with people who had disabilities had poor prospects. For me this was disappointing and I did not devote myself completely to the job.

One day my brother and I went for an outing together riding on bicycles. He had an accident and was injured seriously. We called the ambulance and went to a hospital. As I had worked in that hospital previously during my practice and I knew the staff, I managed to get the best and immediate medical service for my brother. I stayed with him all the time, but he passed away within one day. It gave me such sorrow as he was very close to me and he had done all he could for love of me. Even though I was a medical professional, I could not save his life!

After that accident I became deeply depressed for a long time. However, it was at this time that God slowly revealed to me His existence and presence in my life through the beauty of nature. Why was I not the beautiful, big mountain but a small hill? I felt I was the weed but not the pretty flowers in the field or was the useless rotten wood but not a high productive tree. However, God made me discover that all of these were equally important and had themselves their own beauty in nature.

After going through the grief of emptiness and pain, I gradually started to understand our human limitations. Just as I should not compare myself with those people better at things than I, in the same way I should not compare myself with the people with disabilities. I was weak with limited talents, but God made me strong out of my limitations. I could make full use of my talents and devote myself to work for people with disabilities.



From then on, I tried to serve them with more love and care. I worked hard and was able to design a walker to help people with disabilities. I helped them in sports and I have been to

the Paralympics a few times with them as a physiotherapist. During the opening ceremony of my first Paralympics, I clearly recalled the image of my crying when I was young because I was not able to attend similar events.

God loves me so much that He fulfilled my dream! He has His own plan for me and for all of us. He showed his pleasure in what I was doing by awarding me with the Australian Sports Medal from the Queen for the work I did in disabled sports.

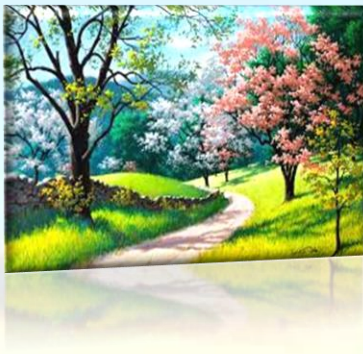
I strongly feel the love of God for each of us and the plan of God is always the best for us. Our works are all for His glory and we are His tools to manifest His love through our service to others.

Integral Ecology

Personal and collective ecological awareness

“Our young people have understood and have already undertaken various initiatives which express a personal and collective ecological awareness under many aspects: for example, by

- purchasing products which do not have a negative impact on the environment,
- collecting rubbish so that it does not pollute the environment, and
- making several choices which stem from a profound respect for nature.



It is by beginning with the small local problems that a moral conscience is formed capable of facing problems on a worldwide scale.

In the final analysis, ecology represents a challenge which can be met only by changing mentalities and forming consciences.”

Chiara Lubich , Rocca di Papa, 8 March 1990

Youth for United World (Y4UW) Event



United World Week
MAY 2022

Y4UW
INDIA
presents

Climate Crisis, Wars and Environmental Issues.... And what we can do

with Team EcoOne


Luca Fiorani


Augustine Doronila


Andrea Conte

8th May
@ 3 pm IST

Meeting ID: **897 1200 2411**
Passcode: **UWW22**

#DARE TO CARE

United World Project

Y4UW
INTERNATIONAL

Websites: [Home](#) | [United World Project](#)

[Y4UW International](#) | [Youth for a United World](#) | [Focolari Movement](#)

Focolare Project – farming and Pamahaw projects in the Philippines

Focolare Local Community of Aklan working on integrated farming.

More information: [Focolare Local Community of Aklan 2022 - YouTube](#)

Ecuador, gas flaring, Amazon

by Laura Salerno

In this territory full of natural riches and biodiversity, oil companies burn natural gas “waste” (actually useful), polluting and causing serious damage to the health of those who live in the area.

Forests, rivers, lagoons, waterfalls, thousands of animal species, medicinal plants, sacred mountains: all this, and much more, is the Ecuadorian Amazon. Many indigenous communities also live there: the Quechua, Huaorani, Kickwa, Taromenani and many other peoples, some of whom live right in the middle of the forest, in close contact with nature.



In the last 50 years, however, this territory has begun to change its face: large parts of the territory have been sold to farmers, who have deforested entire areas to make fields for cultivation, and extract wood to sell. Another discovery, then, brought about a real environmental shock: the discovery of large oil fields just below these territories. Black gold began to be extracted, and this activity involved the construction of hundreds of oil flares.

These “flaming towers” burn natural gases found underground that are released when oil is extracted. While these are potentially useful gases (often methane gas, used in cooking), they are not reused, as the process would be too costly for the oil company: they are therefore considered as waste gas and burned, producing enormous quantities of Co₂. This is the process commonly referred to as gas flaring (“gas combustion”): a waste of natural resources, as well as a source of pollution for the environment and for humankind. And there is an even more alarming fact: in the Ecuadorian Amazon territory there are 447 flares, burn day and night, 7 days a week.

To learn more, we interviewed Txarli, a Capuchin friar who lives in the Ecuadorian Amazon, in Tiputini, and who fights so that his territory and the communities that live there are not exploited and mistreated, as is happening now.

“The flares have been burning natural gas day and night for 50 years. In addition to the environmental damage, think of the waste! The state pays a lot of money to buy the gas we consume in the kitchens of our homes, and at the same time here we are burning 5 times the amount of gas we would need, and which could also be used for the engines of companies,

constituting a profit for them too. By eliminating the flares, and harnessing natural gas, the state would gain.”

So why are they not shut down? According to Txarli, the main reason is corruption. There are now business relationships that do not want to be changed, and therefore there is no interest to set in motion a change. But the situation is really serious, if you also consider the terrible health consequences of pollution on the people living there: respiratory and cancer diseases, which have already started to occur in many people.

“The only means we have to fight this is through protest. We have tried to follow the path of justice, but it has not helped.”

Txarli tells me that 9 girls, whose parents are cancer patients, appeared at a judicial trial to denounce to the court of the province of Sucumbíos the violation of human rights (health and welfare of the person) and the rights of nature, because of the flares. The judge condemned this violation of rights and demanded that in 18 months all oil flares near the population be down. So far nothing has been done; instead, special permits have been granted to oil companies. The trust that these people placed in the State is now betrayed, and they are left with no other means but to protest: to make their voices heard. To do so, the inhabitants of these territories are supported by other environmental and medical associations, which support them in their battle. But it is not easy.



I ask Txarli what message he would like to convey. He answers me as follows:

“This land that God has blessed is wonderful, sacred, it is a land of breathtaking beauty, of biodiversity. But some people are destroying this heritage that belongs to all humanity.

Those who destroy this land do not live here, yet they are also destroying a piece of

(also) their *common home*. We can all be part of the defense of the Amazon, even from Europe or North America. Everyone can do something, starting with limiting their own carbon footprint released into the planet. We have set ourselves a goal: plant new trees and pollute 25% less each year. But it is an invitation to everyone. How do we do it? Let us start small: use public transportation, eat less meat, recycle.”

To understand how to be less polluting, you need to understand how much you are now. To do this, you can use various platforms that help you measure your “carbon footprint”, i.e., the CO2 footprint that each of us emits into the planet. By measuring it, you realize how much you can do to start decreasing it. Awareness is the first step towards improvement.

“We are all polluters” – Txarli concludes – “but we must fight for change: no longer be part of the problem, but part of the solution.”

<http://www.unitedworldproject.org/en/workshop/the-ecuadorian-amazon-and-the-problem-of-gas-flaring/>



Protect our common home, the earth

Catholic Agency for Overseas Development (CAFOD)

18 Sept 2015

Video: [Laudato Si' animation | CAFOD - YouTube](#)

Find more prayer resources: <http://cafod.org.uk/Pray/Encyclical>

Pope Francis wrote a letter addressed to every person on this planet, asking us all to protect our common home, the earth. In his encyclical, 'Laudato Si', Pope Francis spoke openly about the devastating effects of climate change on people and the planet. He said that climate change is real, urgent and it must be tackled, asking us to remember that the climate is "a common good, belonging to all and meant for all".

3-Minute Retreat - "Caring for the Earth"

[Caring for the Earth Retreat \(loyolapress.com\)](http://loyolapress.com)

3-Minute Retreats invite you to take a short prayer break right at your computer. Spend some quiet time reflecting on a Scripture passage.

These retreats are updated daily **by Loyola Press**

Why do you worry about clothing?

"Consider the lilies of the field...they neither toil nor spin yet I tell you, not even Solomon in all his glory was clothed like one of these." (Matt. 6: 28-29)

Despite what Jesus said, facts tell us we do worry about our clothing: each year "the average Australian buys 27kg of clothing and gets rid of 23kg to landfill, according to a 2020 government report." This was published by the RACV this month as they drove us to re-cycle and re-use old well-made clothing to protect the earth.

Second-hand clothing that is of better quality and made of more sustainable fibres is highly sought-after in the fashion industry. So, join the fashion trend-setters and be more sustainable by buying at Vinnies, the Salvos, or similar shops re-using what is in the wardrobe from years back or even by redesigning or selling those old clothes. You will save money too!

If you buy new clothing, aim for good quality that will last and will eventually compost, unlike many cheap clothes made of synthetic fibres. That will cost more today but will also save money and the earth in the long run.

Source: Parish Newsletter, 27 March 2022, Mary Mother of the Church Catholic Parish, Ivanhoe, Melbourne

Integral ecology as a common commitment for the Christian Churches and the different religions

By Antonino Puglisi

29 Jan 2022

“Today, all our hopes concerning the environmental issue seem to rest exclusively on science. However, it is clear that **science alone cannot solve the ecological problem. It is necessary to find other forces alongside human intellect to help us decide the path along which we, as humanity, want to set out.** It is indispensable to identify and involve other actors alongside scientists and international institutions in order to fully harness the power of science to address major global challenges. **It is becoming increasingly clear that a lasting and effective social engagement needs to take into account the cultural, sociological and religious dimensions. The current environmental crisis, in particular, has shown how effectively religious communities have mobilised in response to climate change. Therefore, in order to implement a truly ecological transition, it is essential to find a way to motivate individuals and communities on the basis of their fundamental values.** Religions, with their emphasis on knowledge, social cohesion and interrelations, can represent a strategic actor to ensure effective integral human development. In this regard, ‘Laudato si’ provides an unprecedented and practical pathway on which to set out. The vision of integral ecology that inspires the encyclical prompts us to deepen our understanding of the roots of our ecological commitment, which becomes an opportunity for encounter with other religions. Particularly, the encyclical extends **a threefold invitation to the Christian Churches and the different religions. First, it urges us to consider nature as the bearer of a spiritual meaning, a sign of the presence of God, carrying a metaphysical significance that transcends it. Secondly, it invites us to see creation as a gift, and, as such, to enter into a relationship with it rather than consume it. Finally, it inspires us to rethink the role of human beings primarily as communal beings, capable of relating to the rest of creation.**”

Further reading: [EN L ecologia integrale come impegno comune.pdf](https://www.unitedworldproject.org/EN_L_ecologia_integrale_come_impegno_comune.pdf)
([unitedworldproject.org](https://www.unitedworldproject.org))



Environment Quiz for this newsletter:

https://www.proprofs.com/quiz-school/story.php?title=environment-quiz_7

The area of **Nature and Health** in the New Humanity Branch of the Focolare Movement involves everything connected with our life. It concerns the whole spectrum of human life, including birth, illness, suffering and death.

So 'green' is about the health of a person and of the environment. When love refracts like light into 'green,' it shines on these parts of life: Food; Families and communities; Sport and fitness; Rest and recreation; The Environment; Personal health, including illness; and Healthcare.

For more information see website -
<http://www.mdc-net.org/>

The **New Humanity Branch** includes people of all faiths and with no faith, as well as all social and racial or cultural backgrounds. We try to encourage reciprocity in work, projects, discussions, and ideas with others through God's love, which brings unity. This way of offering our ideas and activities renews relationships, environments, and structures, even influencing politicians and legislators.

For more information see website -
<http://www.umanitanuova.org/en/>

The **Focolare Movement** is an international faith-based organisation working for unity and dialogue between people of different faiths and all people of goodwill. The Movement was founded by Chiara Lubich in Italy during 1943. One of its key points, 'to be first to love' motivates everyone to reach out to others and try to be a supportive community.

The **Focolare Movement's spirituality**, inspired by the Gospel, generates a way of life that responds to widespread questions on the meaning of life and on authenticity. Reciprocal love has revealed a 'paradigm of unity,' a 'practical way' for spiritual and social renewal.

For more information see website -
<https://www.focolare.org/>
<https://www.focolare.org/en/chi-siamo/>

Stay Connected!

The Oceania Health Interest Group has set up a WhatsApp site for those working or interested in nature and health (physical, mental, or spiritual health). If you or others are interested in joining, please contact the Editors listed below with your telephone number and Email address.

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Open Invitation

Your feedback and input are invited for including in future editions of this Newsletter. Any relevant experiences, important sources of information, things that work for you, particularly related to the COVID-19 pandemic or in integral ecology are welcome for sharing. Send to the Editors. **Looking forward to receiving your responses, input, and experiences.**