

The Health 2021 (green) Newsletter

Version: 19 June 2021

The area of **Nature and Health** in the New Humanity Branch of the Focolare Movement involves everything connected with our life. It concerns the whole spectrum of human life, including birth, illness, suffering and death. So 'green' is about the health of a person and of the environment. When love refracts like light into 'green', it shines on these parts of life: Food; Families and communities; Sport and fitness; Rest and recreation; The Environment; Personal health, including illness; and Healthcare.

For more information see website - <http://www.mdc-net.org/>

The **New Humanity Branch** includes people of all faiths and with no faith, as well as all social and racial or cultural backgrounds. We try to encourage reciprocity in work, projects, discussions, and ideas with others through God's love, which brings unity. This way of offering our ideas and activities renews relationships, environments, and structures, even influencing politicians and legislators.

For more information see website - <http://www.umanitanuova.org/en/>

The **Focolare Movement** is an international faith-based organisation working for unity and dialogue between people of different faiths and all people of goodwill. The Movement was founded by Chiara Lubich in Italy during 1943. One of its key points, 'to be first to love' motivates everyone to reach out to others and try to be a supportive community.

The Focolare Movement's spirituality, inspired by the Gospel, generates a way of life that responds to widespread questions on the meaning of life and on authenticity. Reciprocal love has revealed a 'paradigm of unity', a 'practical way' for spiritual and social renewal.

For more information see website - <https://www.focolare.org/>

Keep in Contact!

The Oceania Health Interest Group has set up a WhatsApp site for those working or interested in nature and health (physical, mental, or spiritual health). If you or others are interested in joining, please contact the Editors listed below with your telephone number and Email address.

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Open Invitation

Your feedback and input are sought for including in future editions of this Newsletter. Any relevant experiences, important sources of information, things that work for you, particularly related to the COVID-19 pandemic or in integral ecology are welcome for sharing. Send to the Editors. **Looking forward to receiving your responses, input, and experiences.**

Cast all our worries on God

Chiara Lubich



“... One way of applying this faith in God is when we are worried about something that makes us anxious. Sometimes it is fear for the future, or concerns about our health, we are frightened about suspected dangers, we are worried about our relatives, apprehensive about a job we have to do, we are uncertain about how to behave, there is the shock of bad news. There are fears of various kinds.

Well then, at times like these, precisely in times when everything is uncertain, God wants us to believe in his love and asks of us an act of trust. If we are really Christians, he wants us to make good use of these painful situations to prove to him that we do believe in his love. This means believing that he is a Father to us and he thinks of us, and casting upon him every anxiety we have, burdening him with them. Scripture says: “Cast all your anxiety on him, because he cares for you.” (1 Pt 5:7). ...

The fact is that God is our Father and he wants his children’s happiness. This is why they unload every burden onto him. Besides, God is love and he wants his children to be love.

All these worries, anxieties, and fears block our soul, shutting it up in itself, and get in the way of our opening up towards God by doing his will and towards our neighbours by making ourselves one with them so as to love them in the right way.

In the early times of the Focolare, when the Holy Spirit was teaching us our first steps on the path of love, “casting all our anxiety on the Father” was something we did every day, and often several times a day.

In fact, we were leaving behind a purely human way of living, even though we were Christians, so as to move into a supernatural, divine way of living. That is, we were beginning to love.

Worries are stumbling blocks to love. So the Holy Spirit had to teach us how to get rid of them.

And he did. I remember we used to say that just as you cannot hold a hot coal in your hand, but you would drop it at once so as not to get burned, so too with the same speed we had to cast every worry onto the Father. I cannot remember any worry cast into the Father’s heart which he did not take care of. ...

So, let us cast every anxiety on him. We will then be free to love. We’ll run faster on the path of love which, as we know, leads to holiness.”

C. Lubich, *Cercando le cose di lassù*, Roma 1992⁴, p. 26-29.

COVID-19: Prayer for protection

Pope Francis composed a prayer to Our Lady, Health of the Sick, to implore her protection during the COVID-19 coronavirus pandemic.

O Mary, you shine continuously on our journey as a sign of salvation and hope.
We entrust ourselves to you, Health of the Sick.

At the foot of the Cross you participated in Jesus' pain, with steadfast faith.
You, Salvation of the Roman People, know what we need.

We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial.

Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us:

He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen.

We seek refuge under your protection, O Holy Mother of God.

Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and blessed Virgin.

<https://www.vaticannews.va/en/pope/news/2020-03/pope-francis-prayer-our-lady-protection-coronavirus.html>

Prayer for those affected by the Covid-19 Virus

Let us pray for those infected by, or who have departed for heaven because of, the Covid-19 virus, for those who are caring for them and for our communities, that they will be testimonies of faith and hope at this moment.

Let us pray also for the components of the worldwide scientific community who have been engaged in researching the various anti-covid vaccines. And let us pray that governments throughout the world work and commit themselves so that the entire human population will be vaccinated as soon as possible, in the vision of the World comprehended as One.

Feedback from Readers of the Previous Newsletter

- I am loving the Health Newsletter. So much depth and such a broad range of content. Thanks for all your hard work. (Wellington, New Zealand)
- Thank you for this beautiful edition. (Perth, Australia)

Anglicans internationally join other faith leaders in a global call for an end to “vaccine nationalism”

7 May 2021

Anglicans from around the world have added their names to an open letter written by faith leaders calling for an end to vaccine nationalism. They are amongst almost 150 religious leaders who have signed the letter asking leaders at the G7 meeting for a commitment to take all the necessary steps to ensure a global programme of vaccination is undertaken as “a global common good”.

The religious leaders concluded their letter by saying: “this unprecedented public health crisis calls, above all, for global solidarity, for all people to stand together as brothers and sisters. The same spirit of unity and common purpose that has driven scientists to develop Covid-19 vaccines at breathtaking speed, that drives the care of those tending to the sick, must also inspire the leaders of government, civil society and the private sector to massively ramp up vaccine production so there are sufficient doses for every person in the world to be vaccinated. . .

“As religious leaders, we join our voices to the call for vaccines that are made available to all people as a global common good – a People’s Vaccine. This is the only way to end the pandemic.”

For more information: [Anglicans join other faith leaders in global call for an end to “vaccine nationalism” \(anglicannews.org\)](https://www.anglicannews.org)

New lessons learnt during lockdown

11 June 2021

Andrew Humphries from the Uniting Church (UC) in Australia (Synod of Victoria and Tasmania) discusses the changes to traditional worship and the need to change to alternatives during the COVID 19 pandemic.

“More than 12 months later, many UC communities and congregations have embraced the opportunity to adapt to the changes wrought by the pandemic.”

Members of the Heathcote congregation in regional Victoria offered a striking example of what could be embraced with some innovative thinking during lockdown.

“A couple of congregation members were part of a Ukulele group and once after lockdown happened their teacher said, ‘let us move our sessions on to Facebook’. Then they realised how powerful the technology was and that for example, you did not have to be in the same room as other people to connect.

Then they thought, ‘hang on a minute, why can’t we do this with our worship service? So, they have since set up a YouTube daily devotional and have started a Heathcote home church Facebook group.”

For more information:

[New lessons learnt during lockdown | Uniting Church in Australia. Synod of Victoria and Tasmania \(uca.org.au\)](https://www.uca.org.au)

[Worship, community, care & mission resources | Uniting Church in Australia. Synod of Victoria and Tasmania \(uca.org.au\)](https://www.uca.org.au)

Sharing Experiences



Being a patient during COVID-19 Pandemic

Sean Bevin
Napier – New Zealand

In October 2020, Theresa and I were staying in the beautiful Wanaka area for a week as part of a lengthy, but Covid interrupted South Island trip. One night whilst we were preparing to go to sleep, Theresa said to me that I was talking ‘funny’ (not the first time she has said this to me!). But we fell asleep! Next morning, after showering and returning from getting some petrol for the car, I was chatting again with her and again she said I was not talking properly!

Long story short, it was then off to the local medical centre, testing of my health vitals, diagnosis of a small stroke affecting my mouth area, sending me to Dunstan hospital an hour’s drive for more testing (Theresa drove me there) and a CAT scan, confirmation of the stroke and then a request to stay in hospital for two nights for monitoring of my health and recovery. Certainly not what I was expecting as part of our South Island holiday!

So, I just accepted what I was asked to do and proceeded to have, as a first-time patient, a really nice time in the hospital. It was a lovely, smallish, quiet hospital located in a pleasant rural setting. The doctors, nursing staff, specialists and orderlies were all very professional, caring and willing to converse even during the night! Having heard that I was from Napier, a couple of the nurses went out of their way to mention family relations that they had in Napier. I even had my own group of rabbits chewing the grass outside my room window, to keep me entertained.

Theresa drove over every day from Wanaka to see me which was wonderful since it involved a two-hour return trip. She enjoyed the beautiful scenery and weather along the way too. We were also blessed to have two sets of friends visiting the Wanaka area at the time and the husbands came to see me as well.

I was certainly surrounded by lots of love!

By the middle of the third day, my condition had improved to the satisfaction of the medical staff and I was able to leave hospital in the afternoon. Thanks be to God, the opportunity to stay an additional week in our Wanaka timeshare accommodation had surprisingly arisen and we gladly took it to assist my recuperation. The Manager of the timeshare was a former nurse and she told me to make sure that I got plenty of rest over the next few months.

During that week, our son JP flew down from Tauranga, stayed with us for the time and then drove us all the way back up to Picton for the ferry. And our Napier friends helped us get home safely from Wellington. Also, it was lovely to get home and find out that our parish had heard about my situation and had been praying for me. Since returning home, I continue to take the post-stroke medication prescribed for me.

Looking back over the experience, it was certainly a ‘strange’ one for me. However, I tried to remain calm and accepting of what had happened. I am grateful for all the love and support that I received during the whole episode.



Lines

David McLauchlan

Melbourne, April 2021

When you've wrote enough lines
And said enough rhymes
Then perhaps they will see
What seems obvious to me
That it's not enough to just be

That the passage of time
Is more in the mind
Than written on the page
Or played out on the stage
Or lived in a cage
Or Enchanted by a mage
Or infected with the phage

That playing the game
Is not enough
Or even being tough
Or avoiding the fluff
It's still all just stuff
And stuff happens
And life happens
Even when you don't want it to
Even when you want to stop
When you want the world to stop
And you want to get off
And stand somewhere in space
With a long lever
And move the world
And change the world
To make it more nice
More friendly
More acceptable
More like you want it to be

Then you remember
That it's not just about me
It's about all of us
The gestalt
The singularity
The Unity
The beginning and the end
The alpha and the omega
And the in-between.

Covid calls for creativity

Denis Boyd, in an interesting article, discusses how to cope with pandemic stress and family options.

“Anxiety related to ongoing suffering intensifies over time, but can be managed in basic ways: talking, walking, writing ... and adjusting one’s attitude and behaviour.”

For the full article go to <https://livingcitymagazine.com/content/covid-calls-creativity>

A why to live for

Fr. John McNerney refers to Viktor Frankl on the hidden roots of the human person. Frankl was a survivor of the Holocaust and author of ‘Man’s Search for Meaning’ and ‘Yes to Life in Spite of Everything’ and other books.

“According to Frankl, there are three principal ways we can discover a why to live for. These are by:

- 1. Creating a work or doing a deed (doing something significant)*
- 2. Experiencing something or encountering someone (in love, such as caring for another person)*
- 3. Taking a particular attitude toward unavoidable suffering (in courage in difficult times). “*

For the full article go to <https://livingcitymagazine.com/content/why-live>

COVID-19 emergency: a communion of goods that bears witness to fraternity

The coronavirus crisis challenges us as members of the Focolare Movement ‘large family’ to review our lifestyles and increase the witness we give to fraternity.

For more information on how to donate for COVID-19 emergency follow the link below:

<https://www.focolare.org/en/covid/>

ATSA Independent Living Expos in 2021

Assistive Technology Suppliers Australia (ATSA) is the leading industry body representing the views and aspirations of assistive technology suppliers across Australia to achieve excellence, quality, value and positive outcomes for suppliers, Assistive Technology (AT) consumers, stakeholders and the broader community. They advocate to advance the public interest in the provision of AT that contributes to the Australian society through the promotion of research, education, best practise in supply and community accessible events. ATSA works to ensure the market for assistive technologies is competitive, efficient, viable and appropriately regulated.

[Assistive Technology Suppliers Australia \(ATSA\) Ltd | assistive technology accessibility wheelchair](#)

The education sessions at the EXPO highlight breakthrough technologies, present the latest research findings, speak out on issues relating to disability or ageing, demonstrate techniques for client assessment or introduce new developments. The presentations present real life case studies, as well as actionable insights for attendees to take to their homes or workplaces.

The dates are Canberra 27-28 October 2021.

Further information at [Home - ATSA Independent Living Expo](#)

Integral Ecology

World Ocean Day, 8 June 2021

Article by Carlotta Raimondo



Today, World Ocean Day, we are sharing with you an extraordinary story that comes directly from the island of Wallis, in the Pacific Ocean, and that shows us how ecology can become an opportunity for political reconciliation, fraternity and solidarity, even when everyday life is disrupted by a pandemic.

We are in Wallis, one of the twenty French islands that make up an archipelago in the Pacific Ocean. Dream landscapes and a nature of rare beauty characterize it, thanks to the presence of the coral reef and many islets that are around it.

Surrounding it, however, there is also a lot of waste: from plastic to tires, from old furniture to glass residues, all this continues to spoil not only the beauty of the place, but also the flora and fauna, especially those of the sea.

Also contrasting to the peace of such an authentic and paradisiacal place is the political situation. After the death of the island's king in 2005, in fact, two opposing parties were formed for the succession and, in 2015, tensions escalated with the enthronement of two kings, each of whom does not recognize the authority of the other, resulting in a strong division that continues to persist in society, so divided into two opposing blocks.

It is in this context that **the Focolare community of Wallis** decided to carry out an ecological initiative, which over time has also become an instrument of encounter and reconciliation. Eva Pelletier, founder of the project, told us, "The project started in response to Pope Francis' Encyclical Laudato Si. It was the summer of 2015 and some young people of the Focolare Movement from France had come to Wallis for a conference. The theme was the sense of the sacred. And understanding the sense of the sacred meant understanding that nature is sacred, the person is sacred. These two are linked in the Encyclical Laudato Si. After becoming aware of this, the youth decided to launch a clean-up initiative around a church, as that place was really dirty. After we finished, we went to the little islands around to rest, but we realized that trash was also there, pollution was really everywhere. At the end of August, however, the young people from France returned home and the young people from Wallis left to pursue their studies, so we decided to take matters into our own hands as a small local Focolare community".

Since then, the community of Wallis has not stopped, organizing all over the island the so-called "cleaning day", i.e., ecological days. In these six years, the project has grown from every point of view: number of participants, public and administrative offices involved that offer their concrete support, awards, tons of waste collected (to date 20), and not only that.

“Ecology itself is inherent to all of humanity, but for Wallis it has become a pretext. Political, traditional differences exist, they are part of the local reality, but there is at least one thing they can agree on, and that is protecting the environment. So, in 2018, after careful consideration, we went to present our tributes to the two leaders of a district, first presenting the Encyclical *Laudato Si* and then asking for permission to clean their beaches. In the meantime, we invited them to participate in one of our ecological days. Well, not only were the two leaders present, but with them were all the people from that district! It was wonderful, because people from opposing political groups do not get together anymore, even if they are from the same family. And for one day we gave them a chance to talk again, to share a coffee, a moment. The two leaders were there, the prefect was there, the king’s ministers were there, and we as a community to unite.” Eva talks in this regard of “Ecology of Reconciliation”.

In 2020, the same thing happened in another district, where one of the two factions had redone the roof of a chapel and, for the first time, some people from the opposite political group went to help out. “This is only one of the examples I could give of the effects produced by this kind of reunion – Eva explains – they start to come together little by little: that’s the ecology of reconciliation. Of course, not always and not all district leaders accept, but we don’t give up!”.

From this episode we realize how much care for the environment and care for the person are actually closely interconnected, leading to each other in a cause-effect relationship of absolute reciprocity, which Eva calls *Ecological Solidarity*: “In order for nature to survive, to continue to sustain us, we must join hands and take care of it. To love our neighbour is to love nature, and we must make sure that to love our neighbour is to be of service to nature, so that future generations can evolve harmoniously in it. That is why we want young people to be at the forefront: they are the ones who have the responsibility for the future, so we want to make sure that they become aware of it now”.

The emphasis placed by this project on the fundamental role that everyone has in caring for the world we live in is very strong and does not end with the activity of the “cleaning day”. It is rather a constant and pro-active task that starts from one’s own home, from the small behaviours of every day to educate oneself and others. Eva explains: “During each cleaning day there is also training on waste separation, so that each participant can put it into practice correctly at home”.

Even during the pandemic, this concept of personal responsibility continues to be pursued with tenacity. In spite of the fact that the ecological days have not been able to take place for more than a year, the project goes on, thanks to this network of people formed in the last 6 years who take care of the environment, starting from their own little piece of the world, from their own home. “First of all, we continue to follow carefully the anti-covid rules – Eva tells us - and also, we are doing the ecological operations at home, bringing back our gardens. Then, at the end of the lockdown, we will organize a program of visits to see them! We continue to pick up litter around our homes, with related waste sorting and weighing operations, and this is part of the pandemic containment program”.

This unstoppable project of Wallis Island highlights how each person's contribution is essential to the lives of all others and shows that nothing can stop what is done for the common good, not even a pandemic.

From an island in the Pacific Ocean an extraordinary example for everyone to understand that in every situation we can continue to work to build fraternity and solidarity, starting from our homes with the small gestures of every day.

May every day be a cleaning day, for us, for those around us, for the planet and, above all, for the future.

www.unitedworldproject.org/en/workshop/il-caso-dellisola-di-wallis-quando-lecologia-diventa-riconciliazione-e-solidarieta/

Recycle cans, bottles, glass and plastic containers!

By Rene Montes, Sydney, Australia

During the height of the pandemic, there are many requests for fundraising and donations. I thought that another way of raising funds is by collecting drink containers such as can, plastic and bottles that are redeemable. I started from home and since this is not enough, I asked my sister and sister-in-law to set aside their redeemable for me to collect every two weeks. They are happy to join in this initiative that help the ecology and at the same time, the money raised goes to a good cause.

I invited my group to do the same. The money raised is put in the bank and whenever there is any request for donations here or overseas, we get it from this pool of money. Needs shared and joy multiplied.

This sustainable project is earning income from refunds with other significant benefits, such as reducing litter, increasing recycling and creating jobs and business opportunities in resource recovery.

Solar panels become part of parish mission

January 2021

St George's East Ivanhoe in Victoria has completed the installation of 136 solar panels on the church roof, a project that has cost them less than \$1000 upfront.

Anglican Priest-in-Charge at St George's, the Revd. John Sanderson, says the project, which began with the installation of 80 panels each of 330 watts in June 2020, was made possible by "partnerships we have entered into and the relationships we have established within the local community."

"So, we reckon we are going to be cashflow positive within a year, and that if we had been paying for the whole thing it would have paid for itself in under five years.

On top of that, the full system will save over 49 tonnes of CO2 and other polluting emissions each year."

For more information: [Solar panels become part of parish mission \(melbourneanglican.org.au\)](http://melbourneanglican.org.au)

Paving the road with change

Lucia Martinez discusses how electric cars are going mainstream. The article includes -
“The Wall Street Journal used the help of scientists from the University of Toronto to determine the difference an EV can make. They analysed both the production and fuelling of a Tesla Model 3 and a Toyota RAV4. They factored the emissions associated with oil drilling and power plant smokestacks.

During manufacturing, an EV could generate 65% more emissions (12.2 tons compared to 7.4). As the vehicles start moving, things begin to change. Conventional vehicles need gas and frequent oil changes. EVs are recharged using electricity from a grid that is becoming cleaner, but still there are emissions to be accounted for. By 20,600 miles driven, the emissions are almost equal. From there on, the EV starts making a dent in emissions. When the odometer hits 100,000 miles, the EV’s emissions are 23.6 tons, compared with 41 tons from the conventional car.

Therefore, the faster we switch the nation’s fleet, the larger the impact. “

For the full article go to <https://livingcitymagazine.com/content/paving-road-change>

Catholic Earthcare Australia

Catholic Earthcare Australia is an ecological agency recently established by the Australian Catholic Bishops' Conference. Its mission is to help promote understanding among people that creation is sacred and endangered. It must be protected and preserved for present and future generations yet unborn.

<https://catholicearthcare.org.au/>

Books and Magazines

Business, Faith and Life – Solo Entrepreneurs and the Economy of Communion

ISBN Number: 978-0-473-51836-3

The inspiring stories of eight solo entrepreneurs who try to live by their faith principles, both at home and in their businesses. As people to whom faith, or spirituality, is of prime importance, the authors found that the Economy of Communion provided a way to express their faith in their business practices. This book describes their lived experiences in trying to put the Economy of Communion guidelines into practice. It is one of the first books describing the application of the Economy of Communion guidelines in the context of solo entrepreneurship.

“Unlike the consumer economy based on the culture of having, the Economy of Communion is based on the culture of giving. This might seem to be difficult, ambitious, heroic, but it is not so, because human beings, made in the image of God who is love, find their fulfillment in giving. This need is in the deepest recesses of their being, whether they have faith or not. On this basis, supported by our experience, lies the hope of the universal spreading of the Economy of Communion.” - Chiara Lubich, founder of the Focolare Movement (Brazil, 1991)



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Books on the spirituality of the Focolare Movement -

The Church – What is it? Who is it? by Chiara Lubich \$15.00 + postage
ISBN Number: 978-1-56548-683-6

It cannot be denied that the Church today is going through a profound crisis. The causes are various and those caused by scandals from within are not the least. Still, to the question: 'What can we do to improve the Church?'. Mother Teresa strikingly answered 'Just start! It's up to you and me.' In her way of understanding the Church and in her efforts to 'be' the Church, Chiara Lubich, with her charism of unity, offers important ideas for how to do this in the era of change we are going through. She sees the Church as a living reality, an event of communion, and she gives a stimulating answer to the question, 'What is the Church?' She responds that it is not a 'what' but a 'who' because the Church is Jesus in the midst of his people. And the task of the Church is to be, within humanity, a catalyst for unity. In speaking of 'Church', Chiara is not referring simply to the Roman Catholic Church, even though that is her point of departure and where she was fully inserted. Gradually she developed a broad vision of the people of God, as wide as the universal embrace of Christ, crucified and forsaken, which includes every human being no matter what their situation.

Holy Spirit – Renewing the Face of the Earth, by Chiara Lubich 15.00 + postage
ISBN Number: 978-1-56548-674-4

From a glimpse of the many published works of Chiara Lubich so far offered to readers, one notices the lack of a specific volume dedicated entirely to the Holy Spirit. Yet the Holy Spirit was anything but absent in the life of the Author and in the Work she founded, as well as in the unparalleled gift of the charism of unity.

The present volume contains writings, thoughts and other texts by Chiara Lubich, published as well as unpublished, which aim at describing the delicate and powerful action of the Holy Spirit, the true director of the life of the Focolare Movement and its founder. These writings testify to the Author's passion so that the Spirit of God become ever more known and loved. It emphasizes the Holy Spirit's renewing action and promotion of dialogue in all areas of human life.

Jesus in our Midst – Source of Joy and Light, by Chiara Lubich \$15.00 + postage
ISBN Number: 978-1-56548-704-8

The essence of every relationship in a world in which social communication networks are multiplying out of all proportion, paradoxically there seems to be an ever-increasing sense of isolation and loneliness. In this context, one wonders about the deeper meaning of life. Where do we find true happiness? On the one hand, society exalts individualism and self-determination, and, on the other hand, people yearn for authentic and profound relationships.

Chiara Lubich's answer in this book is that 'while people are agonizing over the need to find solutions to the critical issues of our time, they will only find them in Jesus, and not only in Jesus living in the depths of each individual heart, but in Jesus reigning among people.'

Living City Magazine subscription - <https://livingcitymagazine.com/>

Purchasing:

Contact Bruno Carrera in Melbourne for purchasing at bruno.carrera@bigpond.com

The Cube of Love & Instructional Guide - adapted for health and wellbeing.

The **Cube of Love** program, created by Focolare founder Chiara Lubich, contributes to transforming relationships in the health and wellbeing areas to bring about positive, meaningful change. It encourages a relationship-centred and action-oriented response to the needs in health and wellbeing. It is a motivational tool to help concretely live the Gospel message of love, is an expression of the Gospel-based “art of loving.” On each face of the Cube there is a brief message that focuses our efforts on caring for others.

Available to purchase at \$15.00 from the following -

Ann-Marie Diggins Contact: ann_marie_diggins@aapt.net.au

Martin Van Lith Contact: mjvanlith74@gmail.com Tel.: +61 43 483 5030

There is also an App on Google Play - link for the Cube of love for health –

<https://play.google.com/store/apps/details?id=com.gmail.jlpitcaithly.cubeofloveforhealth>

Video Message of Pope Francis to participants in the Fifth International Conference entitled “Mind, Body & Soul”, 8 May 2021

<https://www.vatican.va/content/francesco/en/events/event.dir.html/content/vaticanevents/en/2021/5/8/videomessaggio-mindbodysoul.html>

Musicians and Music Ministries Connect Online

Reflections - Jean-Luc Pitcaithly, New Zealand



Jean-Luc Pitcaithly lives in Christchurch, New Zealand.

He plays the trumpet/cornet, piano and the organ.

He has played in the New Zealand Secondary Schools’ Brass Band for five years and was accepted to play in the 2020 New Zealand Youth Brass Band.

Jean-Luc composes music in his spare time.

“Reflections” was composed to reflect on the beauty of New Zealand’s scenery.

The music video that accompanies this piece gives you just a glimpse of this beauty.

He says, “I hope you enjoy it.”

https://drive.google.com/file/d/1ZUz7Ok9EC0yqd0W6i1ebjBM_z5JasUNg/view?usp=sharing

Gen Verde –

<https://www.genverde.it/index/>



Who Weeps for You

May 9, 2021

"Who Weeps For You?" (Chi Piange Per Te?) is the story of a little girl who, fleeing from war, drowned in the waters of Lampedusa. She was found in the hold of a ship wearing her best dress and patent leather shoes. The song is a lullaby dedicated to her, whose name we will never know...

<https://www.youtube.com/watch?v=8iaemHN4r1c>

Turn Around Change course to save the earth

Premiered on 14 Nov 2020

The song from Gen Verde in favour of concrete and collective action to protect Creation.

<https://www.genverde.it/contents/news/turn-aroundcambiare-rota-per-salvare-la-terra/>

<https://www.youtube.com/watch?v=eusQTFuDqll&feature=youtu.be>

PLEASE NOTE – the Catholic Primary Schools in the Archdiocese of Wollongong chose the following to be their theme song for implementing Integral Ecology during the Laudato Si 2021 week.

Turn Around - Laudato Si 2021 Festival "Songs for creation" Premiered on 23 May 2021

https://www.youtube.com/watch?v=A_1wqrJdomU

I Have Got Hope

Premiered on 28 Aug 2020

"Think, where God has planted you, hold on! Always hold on. Do not give up to the darkness: remember that the first enemy to be defeated is not outside you: it is inside you... Live, love, dream, believe. And, with God's grace, never despair". These are the words of Pope Francis that have inspired the song "I've got Hope". Our hope is founded on our faith in the love of a God who passed from death to life to tell us that, like him, we too can rise again.

<https://www.youtube.com/watch?v=cAbDTDGfBPY>

Gen Rosso -

<https://www.genrosso.com/>



Gen Rosso - Higher: The Concert

May 24, 2021

<https://www.youtube.com/watch?v=rO-kRIEm8&t=2097s>

Mother Earth

17 April 2021

To hurt the earth is to hurt yourself, it is to hurt all of us. This song is a prayer of forgiveness and commitment to preserve our land as God created it ... This is the contribution of Gen Rosso for World Earth Day, April 22nd.

<https://www.youtube.com/watch?v=sHN3GT4nz0U>

Shock of The World

Premiered on 2 Sept 2020

The piece deals with the ecological-environmental theme. It shows an awareness of the serious risks the planet is running if concrete steps are not taken. Creation calls on humanity: open your eyes, open your heart. A call to set in motion brains, hearts and hands, that is: to think, to love, and to carry out concrete actions, in favour of nature and humanity.

https://www.youtube.com/watch?v=dkwS_ShqZGY

Request a live streaming with Gen Rosso

<https://www.genrosso.com/streaming.php>

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